



LIKE YOU WERE MEANT TO

Reading Guide

How to Use These Reading Guides

To “lead like you were meant to” is an ongoing journey of growth and change – sharpening your strengths, reducing your weaknesses and adding new capabilities to the mix. Every leader I’ve ever worked with nods their head and says they want these things. But comfort and autopilot will keep us doing things the way we’ve always done them, unless we are intentional about making the change.

That’s where these Questions and Exercises come in. Think about any big change you have made in the past – losing weight, learning to speak in front of others, becoming an expert on a topic. The only way you were able to make that big change was through time and repetition. In neuroscience terms, you kept blazing the neural pathway trail. One day, after months or years of commitment and hard work, you had a eureka moment – “I’ve actually changed! I’ve gotten better!”

Real change takes time.

Reflect on these questions, write down your answers and set them aside. Then come back and do them again. Notice what changes and what stays the same. Stay intentional. Over time, you will notice more, see new opportunities open up for you, and lead yourself in a way that is consistent with who you truly are and can be.

Wish I could be there with you to see what happens!

Lead well –

Rob