



LIKE YOU WERE MEANT TO

Reading Guide | Chapter 1: Getting Past the Three Roadblocks

Questions for Reflection

Think about the last time you failed to lead as well as you would like. What role did Autopilot play?

When have you been on autopilot today? What was the outcome?

When is the last time you considered the role your body plays in your leadership presence? Your emotions? Your thoughts?

To what degree are you aware that your greatest strength and greatest weakness share something in common?

What grade would you give yourself for self-awareness today? Why?
