



LIKE YOU WERE MEANT TO

Reading Guide | Chapter 8: My Default Dimension

Questions for Reflection

What are your top one or two strengths that make you so good at what you do?

What happens when you overuse that strength? When you insist on engaging it all the time? When you apply it to every single person or problem you encounter? Is it possible it becomes one of your great weaknesses?

Which of the three dimensions – Heart, Head, Gut – resonates most for you? Least?
