



LIKE YOU WERE MEANT TO

Reading Guide | Chapter 6: The Spiritual Dimension

Spiritual Self-Leadership Challenge #3: Examine Your Beliefs

Autopilot off: Your beliefs influence how you think, feel and act. Pause from the world around you and take inventory within.

Be Aware:

What are three to five foundational beliefs that influence how you lead others?

Think about a topic or action that causes you to say, “We have to do it this way.” What beliefs lead you to such conviction?

If challenged, what beliefs would you fight for?

Assess: How aligned are your beliefs with your current leadership responsibilities? Where is there tension between what you believe and what you are being asked to do?



LIKE YOU WERE MEANT TO

Reading Guide | Chapter 6: The Spiritual Dimension

Spiritual Self-Leadership Challenge #3: Examine Your Beliefs

Adjust: What adjustments do you want to make to be able to lead more consistently in line with your beliefs? Is there a conversation you need to have with someone?
