



LIKE YOU WERE MEANT TO

Reading Guide | Chapter 6: The Spiritual Dimension

My Recent Regrettable Leadership Experience – Spiritual Dimension

Autopilot off: Be curious and ready to notice new things about yourself.

Be Aware:

Using the new perspectives on your spiritual dimension from Chapter Six, and from the previous Spiritual Self-Leadership challenges, consider the following questions to help you be more aware of how you were showing up spiritually in your regrettable leadership experience.

What was at stake regarding my identity (who I am)?

What was at stake in terms of what I sense as my purpose (why I am here)?

What was at stake regarding my character? My beliefs?

How did my values play a part? What did I really want?

Did I manifest on the outside (physical, intellectual, emotional) what I believed on the inside?

Assess: On a scale of 1-10 (10 being awesome!), how was I doing spiritually prior to the start of my recent regrettable leadership experience.

On a scale of 1-10, how was I doing spiritually during the experience?

Overall Assessment: _____



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Adjust: What adjustments do I wish I had made prior to and/or during the experience?
