



# LIKE YOU WERE MEANT TO

*Reading Guide | Chapter 8: My Default Dimension*

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## Learning from My Enneagram

**Autopilot off:** The Enneagram doesn't define me, but it can help me better understand myself. And it can prod me to notice "permanent" modes of Autopilot that have kept me from fully noticing myself for a long time. Continue to be curious about how your Enneagram results could help you be more Aware.

**Be Aware:**

What about my Enneagram immediately resonates with me?

What aspects do I want to be curious about and understand better?

What does the Enneagram reveal about my Autopilot tendencies?

In Enneagram terms, how am I when I am "most resourceful" – my strengths?

In Enneagram terms, how am I when I am "least resourceful" – my weaknesses?

What have I learned about the relationship between my strengths and weaknesses?

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**Assess:** On a scale of 1-10 (10 being awesome!), how might I increase my overall leadership effectiveness (ie I could improve from \_\_\_ to \_\_\_), based on what I'm learning from my Enneagram?

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## Learning from My Enneagram

**Adjust:** What new Awareness, Attitude or Action do I want to begin based on what I'm learning from my Enneagram?

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