LEAD LIKE YOU WERE MEANT TO

Reading Guide | Chapter 2: The Four-Dimensional Leader

Exercise: A Great Example of the Four Dimensions in Action – Gladiator

The movie Gladiator provides a vivid illustration of a leader "facing a tough day at the office." First he has to be sure everything is ready for a "big meeting." Then he has to give an inspirational talk to his "team members" to encourage them to do their jobs well.

But before he does any of this, he takes time to prepare himself in all four dimensions – so he shows up, speaks and leads at his best.

Watch the first eight minutes (through the end of his opening speech) with a pen and paper in hand and notice how he leads himself at the very beginning, much of it while he is still by himself, isolated from his soldiers. Write down everything you notice about how he fortifies himself, leads himself, and then his soldiers . . . before the battle even begins.

What do you notice?

(When you're done, compare your observations with Rob's in Ch. 2 of *Lead Like You Were Meant To*.).

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