



LIKE YOU WERE MEANT TO

Reading Guide | Chapter 4: The Intellectual Dimension

Intellectual Self-Leadership Challenge #2: Notice & Minimize Your Assumptions

Autopilot off: Put all your devices in “Airplane Mode” for a few minutes while you pause to improve how you’re thinking about people, problems, or problem people(!).

Be Aware: As you focus on a particular problem that probably involves people in some way, consider the following:

What are the primary thoughts you have about the problem – perhaps the cause of the problem and or the possible solution. State your summary to yourself.

As you inventory your thoughts about this problem, evaluate which of them you know to be true with absolute certainty (ie you were an eyewitness or you’ve asked for and been given the facts). Which of your summary thoughts are assumptions (ie you think they are correct but don’t know with absolute certainty)?

Assess: Overall, what portion of your summary do you know to be 100% true? What portion is assumption?



LIKE YOU WERE MEANT TO

Reading Guide | Chapter 4: The Intellectual Dimension

Intellectual Self-Leadership Challenge #2: Notice & Minimize Your Assumptions

Adjust: What curious questions could you ask, of whom, in order to reduce the assumptions in your present thinking about this problem or person?
