



LIKE YOU WERE MEANT TO

Reading Guide | Chapter 2: The Four-Dimensional Leader

Exercise: My Recent Regrettable Leadership Experience

Think back over the past couple of weeks to an encounter that did not go well. We all have these occasionally. You regret how you handled yourself. You really wish you could have a do-over!

This encounter could be any interaction with another person or group of people—your boss, a colleague, a direct report. It could be a meeting that you led or participated in. It could be a talk or presentation that you gave. The key is that it did not go well.

Write down everything you can remember about how you showed up in that encounter.

This is an important beginning exercise. It will provide you with a baseline on your current level of self-awareness in the middle of a difficult situation. You will be able to compare what you notice in this do-over with your ability to notice so much more as you progress through *Lead Like You Were Meant To*.
